

MASTERY

Life Road Map

Directions:

Start in the bottom right hand corner of the worksheet that follows. Ask your child to put their name and birth date in the first square. Then, ask your child to write words or draw pictures or symbols that represent the major things that have happened in their life (milestones, vacations, good and bad things). As your child completes the squares explain to them that life is full of many different experiences both good and bad. The important thing is that they continue to grow and move forward, make new friends, and move from one grade to the next. Congratulate your child on how far they have come, how much they have accomplished.

Life road map

The road map starts at the bottom left with a large arrow pointing right towards a box labeled "Start here". The road then winds upwards and to the right, passing through six empty boxes. The road ends at the top right with a large arrow pointing right towards a box labeled "TODAY".

Start here (with a baby stroller icon)

The day you were born!
Your name _____
Your birthday _____

TODAY

Date _____
Your age _____

Icons along the road include: a sun, a rainbow, a schoolhouse, a sailboat, a house, a person walking, a person on a bicycle, a person on a seesaw, a person with a hula hoop, and a city skyline.

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Link to the Future

Directions:

Start by writing the child's name, age, and grade at the bottom of the worksheet. Then, work your way up the tree by asking your child to complete the statement above each box. Encourage your child to think of two or three goals, hopes, wishes for each box. Congratulate your child for wanting to reach their goals and assure them that you will be there to help them along the way.

Link to the future

My other hopes and dreams:



When I grow up I want to be:

When I am older I hope to visit:

In high school I want to:

Before I finish middle school I hope that I can:

Next summer I want to learn how to:



Name

Age

Grade

ACTIVITY

HOPES, DREAMS & GOALS

Write or draw your hopes, dreams and goals in the hot air balloon below.



AFFIRMATION CARD

I CAN DO
GREAT THINGS