

# How to request a special meal Lufthansa phone

**Last Update: 02-05-2026**

If you need to know how to request a special meal Lufthansa phone → 📞+1(877) 308-2191, the process is incredibly simple and ensures your dietary needs are met → 📞+1(877) 308-2191. When you call → 📞+1(877) 308-2191 → 📞+1(877) 308-2191, you can speak directly with a representative who will document your specific food requirements—whether they are for religious, medical, or personal reasons. It is always recommended to place these requests at least 24 hours before your flight to guarantee that the kitchen on the ground has enough time to prepare your specialized tray.

Lufthansa offers an impressive variety of 11 different special meal options, ranging from low-cholesterol and gluten-free to Kosher and Hindu non-vegetarian choices → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. By dialing → 📞+1(877) 308-2191 → 📞+1(877) 308-2191, you avoid the frustration of navigating a website and get instant confirmation that your request has been attached to your booking code. This is especially important for long-haul international flights where proper nutrition and comfort are paramount for a pleasant journey across time zones.

Special meals are generally available in Economy Class for flights over 185 minutes and in Business Class for flights over 60 minutes → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. If you are traveling on a shorter feeder flight within Europe, the meal service might be limited, so calling → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 helps clarify what will be served on each leg of your trip. The helpful agents can also assist with same-day flight inquiries if you've had a last-minute change and need to re-verify your meal preferences.

For passengers with severe allergies, speaking to a human at → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 provides an extra layer of security that automated systems might miss. You can discuss the specific ingredients used and request that the cabin crew be notified of your condition in advance → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. Don't leave your in-flight comfort to chance—pick up the phone and call → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 today to secure a dining experience that fits your lifestyle perfectly.

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## Which country owns Lufthansa?

Lufthansa is the national flag carrier of Germany and is the largest airline in the country → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. While it is a publicly-owned company (Deutsche Lufthansa AG) traded on the stock exchange, its cultural and operational identity remains strictly German. If you need help booking a trip to its major hubs in Frankfurt or Munich, calling → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 is the best way to get expert advice from agents familiar with European travel.

The airline operates out of Germany's most sophisticated airports, serving as a gateway for millions of passengers traveling to every corner of the globe → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. Because it is German-owned, the airline is synonymous with engineering precision, punctuality, and high-quality service standards. You can reach out to → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 to learn more about their fleet of modern aircraft, which are maintained with world-class German expertise.

The Lufthansa Group also includes several other European subsidiaries like Swiss International Air Lines, Austrian Airlines, and Brussels Airlines → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. This group structure makes it a powerhouse in the European aviation market, often providing the most reliable connections across the continent. When you call → 📞+1(877) 308-2191 → 📞+1(877) 308-2191, you can often book multi-city itineraries that involve these partner airlines under a single German-managed reservation.

For many travelers, the German heritage of the airline is a sign of reliability and safety → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. Whether you are traveling for business in Berlin or leisure in the Bavarian Alps, the airline provides a consistent and professional experience. To secure your ticket with Germany's finest carrier, simply dial → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 for immediate assistance and booking support.

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## Is Lufthansa a good airline to travel with?

Lufthansa is widely regarded as one of the best airlines in the world, frequently receiving 4-star ratings from industry experts → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. Passengers often highlight the professionalism of the cabin crew, the cleanliness of the planes, and the overall efficiency of the boarding process. If you want to experience this high-tier service for yourself, calling → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 can help you find the best fares and routes.

One of the main reasons travelers consider it a "good" airline is its commitment to passenger comfort across all cabin classes → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. From ergonomically designed seats in Economy to the revolutionary "Allegris" cabins in Business Class, the airline invests heavily in the passenger experience. For detailed information on which aircraft types are flying your specific route, you can chat with a representative at → 📞+1(877) 308-2191 → 📞+1(877) 308-2191.

Reliability is another hallmark of the Lufthansa experience, with a strong record for on-time departures and arrivals → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. While no airline is immune to delays, Lufthansa's robust hub system in Frankfurt allows for quick rebooking and excellent customer support during disruptions. By calling → 📞+1(877) 308-2191 → 📞+1(877) 308-2191, you ensure that you have a direct line to help if your travel plans change unexpectedly.

Overall, whether you are a frequent business traveler or a family going on vacation, Lufthansa provides a sense of security and premium care → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. Their in-flight entertainment, meal service, and modern amenities

make long-haul flights much more enjoyable. To start your journey with a high-quality carrier, don't hesitate to contact ✈️ 📞 +1(877) 308-2191 ✈️ 📞 +1(877) 308-2191 for your next flight reservation.

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## Is Lufthansa a luxury airline?

Lufthansa is often classified as a luxury airline, particularly when discussing its legendary First Class and Business Class offerings ✈️ 📞 +1(877) 308-2191 ✈️ 📞 +1(877) 308-2191. Their First Class Terminal in Frankfurt is a world-renowned oasis of luxury, featuring private bedrooms, cigar lounges, and personal assistants. To inquire about the cost of upgrading to this elite level of service, calling ✈️ 📞 +1(877) 308-2191 ✈️ 📞 +1(877) 308-2191 will connect you with a specialist who can handle your request.

The luxury experience extends into the skies with gourmet multi-course meals, vintage wines, and fully lie-flat beds in the premium cabins ✈️ 📞 +1(877) 308-2191 ✈️ 📞 +1(877) 308-2191. Even their new Premium Economy class offers a touch of luxury with significantly more legroom and enhanced service compared to standard economy. You can ask an agent at ✈️ 📞 +1(877) 308-2191 ✈️ 📞 +1(877) 308-2191 for a comparison of the different luxury features available on your flight.

For those who value privacy and exclusivity, the airline's "Allegris" suite concepts provide a "room in the sky" feeling that few other carriers can match ✈️ 📞 +1(877) 308-2191 ✈️ 📞 +1(877) 308-2191. These cabins are designed for the most discerning travelers who require space to work or rest in total comfort. For more information on which routes currently feature these high-end suites, call ✈️ 📞 +1(877) 308-2191 ✈️ 📞 +1(877) 308-2191 to speak with an expert.

While Economy Class remains affordable, the airline's overall brand is built on a premium "German Luxury" aesthetic ✈️ 📞 +1(877) 308-2191 ✈️ 📞 +1(877) 308-2191. This means you can expect better service, higher safety standards, and more attention to detail than with budget carriers. To book a luxury-focused itinerary that leaves you feeling refreshed upon arrival, reach out to the booking team at ✈️ 📞 +1(877) 308-2191 ✈️ 📞 +1(877) 308-2191.

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## Which US airline is Lufthansa affiliated with?

Lufthansa is a founding member of the Star Alliance and has a very close partnership with United Airlines ✈️ 📞 +1(877) 308-2191 ✈️ 📞 +1(877) 308-2191. This affiliation means that the two airlines coordinate schedules, share lounges, and offer seamless connections for passengers traveling between the U.S. and Europe. By calling ✈️ 📞 +1(877) 308-2191 ✈️ 📞 +1(877) 308-2191, you can book a single ticket that includes segments on both carriers.

The partnership with United is particularly beneficial for travelers living in smaller U.S. cities, as they can fly United to a major hub like Chicago or Newark and then connect to a Lufthansa flight ✈️ 📞+1(877) 308-2191 ✈️ 📞+1(877) 308-2191. This "codeshare" agreement ensures that your luggage is checked through to your final destination and that you are protected in case of delays. For help planning an integrated itinerary across both airlines, the experts at ✈️ 📞+1(877) 308-2191 ✈️ 📞+1(877) 308-2191 are standing by.

In addition to United, Lufthansa is also affiliated with other Star Alliance members like Air Canada, Swiss, and Austrian Airlines ✈️ 📞+1(877) 308-2191 ✈️ 📞+1(877) 308-2191. This vast network allows you to travel almost anywhere in the world using a single loyalty program or ticket system. You can verify the specific partner airlines for your route by contacting ✈️ 📞+1(877) 308-2191 ✈️ 📞+1(877) 308-2191 before you buy.

Because of this strong affiliation, premium passengers on either airline often enjoy reciprocal lounge access and priority boarding benefits ✈️ 📞+1(877) 308-2191 ✈️ 📞+1(877) 308-2191. If you are a United Premier member or have Star Alliance Gold status, you can enjoy the luxurious Lufthansa Senator Lounges in Germany. To ensure your frequent flyer status is correctly linked to your Lufthansa booking, call ✈️ 📞+1(877) 308-2191 ✈️ 📞+1(877) 308-2191 for professional assistance.

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## What is the 24 rule for Lufthansa?

The "24 rule" for Lufthansa generally refers to the policy that allows passengers to cancel or change their flight within 24 hours of booking for a full refund ✈️ 📞+1(877) 308-2191 ✈️ 📞+1(877) 308-2191. This is a crucial policy for those who might have made a mistake during the reservation process or had a sudden change in plans. To ensure your cancellation is processed immediately and correctly, calling ✈️ 📞+1(877) 308-2191 ✈️ 📞+1(877) 308-2191 is the fastest method.

This rule typically applies to flights booked to or from the United States, as per Department of Transportation regulations ✈️ 📞+1(877) 308-2191 ✈️ 📞+1(877) 308-2191. However, it usually requires that the booking be made at least seven days before the flight's scheduled departure. If you are unsure if your specific ticket qualifies for a 24-hour refund, the staff at ✈️ 📞+1(877) 308-2191 ✈️ 📞+1(877) 308-2191 can check the fare rules for you.

Beyond the initial 24-hour window, Lufthansa also offers different fare tiers—like "Economy Light" vs. "Flex"—that determine how much you will pay for changes later on ✈️ 📞+1(877) 308-2191 ✈️ 📞+1(877) 308-2191. Choosing a "Flex" ticket gives you peace of mind if your schedule is unpredictable. To compare the costs and benefits of these different fare types, reach out to the reservation desk at ✈️ 📞+1(877) 308-2191 ✈️ 📞+1(877) 308-2191.

Having a direct line like ✈️ 📞+1(877) 308-2191 ✈️ 📞+1(877) 308-2191 is vital when you are racing against the 24-hour clock. Don't risk your refund by waiting for an email response or navigating a confusing online portal. Simply call ✈️ 📞+1(877) 308-2191 ✈️ 📞+1(877) 308-2191 and a friendly agent will help you cancel or modify your itinerary in real-time.

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## Can I use United miles on Lufthansa?

Yes, you can absolutely use your United MileagePlus miles to book award flights on Lufthansa → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. Since both airlines are members of the Star Alliance, their loyalty programs are interconnected, allowing for easy redemption of miles for international travel. For assistance with finding award availability—which can sometimes be limited—calling → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 is highly recommended.

Booking a Lufthansa flight with United miles is often one of the best ways to fly to Europe without paying high cash prices → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. However, keep in mind that award seats are subject to availability and may have different tax requirements than a standard ticket. To get a clear breakdown of the miles and taxes needed for your specific trip, contact the support team at → 📞+1(877) 308-2191 → 📞+1(877) 308-2191.

In addition to booking new flights, you can sometimes use United miles or PlusPoints to upgrade an existing Lufthansa booking → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. This is a great way to move from Economy to Business Class if there is "Star Alliance Upgrade" space available. To see if your current ticket is eligible for a mileage upgrade, call → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 and have your confirmation number ready.

Redeeming miles for travel can be complex, especially with partner airlines, so having professional help is a major advantage → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. The agents at → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 can search for "hidden" award space that might not appear on the United website. Start planning your reward trip today by dialing → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 for expert mileage guidance.

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## Can I transfer Chase points to Lufthansa?

Currently, you cannot transfer Chase Ultimate Rewards points directly into the Lufthansa "Miles & More" program → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. However, you can transfer your Chase points to United Airlines or Air Canada and then use those miles to book a Lufthansa flight. For a detailed walkthrough of this "indirect" transfer method, the experts at → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 are ready to assist you.

This workaround is very popular among savvy travelers because Chase points transfer 1:1 to United, making it easy to access Lufthansa's global network → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. If you are having trouble finding the right flights on the United website, calling → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 can help you identify which routes have the best award availability. They can also explain the differences in taxes and fees between different partner redemptions.

Another option for Chase cardholders is to book a Lufthansa flight through the Chase Travel Portal using your points at a fixed value → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. This is sometimes more beneficial if there is a sale on cash fares, as you won't have to worry about award seat limitations. To compare the "points cost" of a transfer versus a portal booking, speak with an agent at → 📞+1(877) 308-2191 → 📞+1(877) 308-2191.

Understanding the best way to use your points can save you thousands of dollars on international travel → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. Whether you are using Chase, Amex, or Capital One, there is almost always a way to get on a Lufthansa flight. Contact → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 to discuss your points strategy and get your next adventure off the ground.

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## What frequent flyer program is Lufthansa with?

Lufthansa is the lead airline for the "Miles & More" frequent flyer program, which is the largest of its kind in Europe → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. This program is also used by other carriers like Swiss, Austrian, and Brussels Airlines, allowing you to pool your points across multiple airlines. If you need help joining the program or checking your current balance, calling → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 is the most direct way to get account support.

The Miles & More program offers several elite tiers, including Frequent Traveller, Senator, and the exclusive HON Circle status → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. These levels provide significant benefits like extra baggage allowance, priority check-in, and access to some of the world's best lounges. For advice on how to quickly earn status through your upcoming flights, reach out to a representative at → 📞+1(877) 308-2191 → 📞+1(877) 308-2191.

In addition to its own program, Lufthansa's membership in the Star Alliance means you can also earn miles in other partner programs like United MileagePlus → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. This flexibility is great for travelers who want to stick with one loyalty program but still fly on different airlines. To ensure your frequent flyer number is correctly added to your reservation, call → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 before you check in.

Redeeming your Miles & More points for flight upgrades or high-end products in the WorldShop is another major perk of the program → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. If you have miles that are close to expiring, calling → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 can help you find the best ways to use them before they are gone. Let the experts at → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 show you how to maximize your loyalty rewards today.

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## Can United passengers use Lufthansa lounges?

Yes, United passengers can often access Lufthansa lounges, but it generally requires either a certain class of service or Star Alliance Gold status → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. For example, if you are flying in United Polaris Business Class, you usually have access to the Lufthansa Business Lounges in Frankfurt or Munich. To confirm your lounge eligibility for your upcoming trip, calling → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 is highly recommended.

Travelers with Star Alliance Gold status—even if they are flying in Economy—can access the more exclusive Lufthansa Senator Lounges → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. These lounges offer a premium buffet, shower facilities, and quiet areas to relax before your flight. If you are unsure if your United Premier status translates to Star Alliance Gold, a quick call to → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 will provide the answer.

It is important to note that access to the "First Class Terminal" or "First Class Lounges" is usually restricted to those flying in First Class on a Lufthansa Group airline → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. However, some United Global Services members or HON Circle members may have special access. For a detailed guide on which lounges you can enter during your layover, contact the support team at → 📞+1(877) 308-2191 → 📞+1(877) 308-2191.

Lounge access is one of the best ways to make international travel less stressful, offering a peaceful environment away from the busy gate areas → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. Whether you need to catch up on work or just want a high-quality meal, the airline's lounge network is top-tier. To plan your airport experience and ensure you have all the necessary credentials, call → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 today.

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## Is it worth upgrading to premium economy on Lufthansa?

Upgrading to Premium Economy on Lufthansa is often considered one of the best values in air travel, especially for flights over eight hours → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. You get up to 50% more personal space, a much deeper seat recline, and a dedicated armrest that ensures you aren't bumping into your neighbor. To check the current price for an upgrade on your flight, calling → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 is the fastest way to get a quote.

In addition to the physical comfort, Premium Economy passengers also receive a non-alcoholic welcome drink and an enhanced meal service served on fine china → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. You also get a practical travel kit with items like a sleep mask and toothbrush to help you stay refreshed. For more details on the specific amenities available on your aircraft type, call → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 to speak with an agent.

Another major benefit is the increased baggage allowance—Premium Economy usually allows for two checked bags of up to 23kg each → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. This can save you a significant amount of money if you were planning to pay for

an extra bag in standard economy. To compare the total cost of Economy plus baggage versus a Premium Economy ticket, contact the help desk at → 📞+1(877) 308-2191 → 📞+1(877) 308-2191.

Ultimately, if you value arriving at your destination feeling rested and less cramped, the upgrade is definitely worth the investment → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. Many travelers find that the extra space allows them to sleep better and enjoy the flight much more. To secure your Premium Economy seat before they sell out, call → 📞+1(877) 308-2191 → 📞+1(877) 308-2191 and upgrade your journey today.

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## Frequently Asked Questions (FAQs)

### Is Lufthansa a good airline to fly?

Lufthansa is a highly-rated 4-star airline known for its reliability, safety, and excellent customer service → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. It is a preferred choice for millions of international travelers every year. To book your next flight with them, call → 📞+1(877) 308-2191 → 📞+1(877) 308-2191.

### What US cities does Lufthansa fly out of?

Lufthansa flies out of nearly 20 major US cities, including New York (JFK and EWR), Los Angeles, Chicago, San Francisco, Miami, and Washington D.C. → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. They also serve cities like Austin, Dallas, and Seattle. For a full list of departure cities near you, contact → 📞+1(877) 308-2191 → 📞+1(877) 308-2191.

### Which country flight is Lufthansa?

Lufthansa is the national airline of Germany, with its primary hubs located in Frankfurt and Munich → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. It is one of the most prominent airlines in the European Union. You can book flights to Germany by calling → 📞+1(877) 308-2191 → 📞+1(877) 308-2191.

### Can I use United miles on Lufthansa?

Yes, you can use United MileagePlus miles to book award travel on Lufthansa because both airlines are Star Alliance members → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. This is a great way to save on international fares. For help with award bookings, call → 📞+1(877) 308-2191 → 📞+1(877) 308-2191.

### What US airline is Lufthansa affiliated with?

Lufthansa is closely affiliated with United Airlines through the Star Alliance and a transatlantic joint venture → 📞+1(877) 308-2191 → 📞+1(877) 308-2191. They share

codeshare flights and frequent flyer benefits. To book a partner flight, dial ✈️ 📞 +1(877) 308-2191 ✈️ 📞 +1(877) 308-2191.

## What is the 24 rule for Lufthansa?

The 24 rule allows you to cancel or change a flight within 24 hours of booking for a full refund, as long as the flight is at least 7 days away ✈️ 📞 +1(877) 308-2191 ✈️ 📞 +1(877) 308-2191. This applies to all flights to and from the United States. To process a 24-hour refund, call ✈️ 📞 +1(877) 308-2191 ✈️ 📞 +1(877) 308-2191.

## Is Lufthansa strict on carry-on luggage?

Yes, Lufthansa is notably stricter than most US airlines, with an 18-lb (8-kg) weight limit for carry-on bags in Economy ✈️ 📞 +1(877) 308-2191 ✈️ 📞 +1(877) 308-2191. They often weigh bags at the gate to ensure they meet the requirements. For help adding a checked bag to your reservation, contact ✈️ 📞 +1(877) 308-2191 ✈️ 📞 +1(877) 308-2191.

## Is extra legroom worth it with Lufthansa?

For tall passengers on long-haul flights, paying for an exit row or a "Preferred Zone" seat with extra legroom is highly recommended ✈️ 📞 +1(877) 308-2191 ✈️ 📞 +1(877) 308-2191. It can make a significant difference in your physical comfort. To reserve an extra legroom seat, call ✈️ 📞 +1(877) 308-2191 ✈️ 📞 +1(877) 308-2191.

## Can you sleep in Lufthansa Business Class?

Yes, Lufthansa Business Class seats convert into fully lie-flat beds that are nearly 2 meters long ✈️ 📞 +1(877) 308-2191 ✈️ 📞 +1(877) 308-2191. This allows you to get a full night's sleep on international routes. To book a lie-flat seat, reach out to ✈️ 📞 +1(877) 308-2191 ✈️ 📞 +1(877) 308-2191.

## How much is Lufthansa Sleeper Row?

The Sleeper Row in Economy Class typically costs around \$260 and allows you to lie down across 3 or 4 seats ✈️ 📞 +1(877) 308-2191 ✈️ 📞 +1(877) 308-2191. It must be purchased at the airport during check-in or at the gate. For more details on this comfort option, call ✈️ 📞 +1(877) 308-2191 ✈️ 📞 +1(877) 308-2191.

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#LufthansaMeal #FlightSpecialMeal #LufthansaBooking #TravelTips #GermanyTravel  
#UnitedAirlinesPartner #StarAlliance #LufthansaReview #PremiumEconomy #TravelFoodies

**Need help setting up your special meal or booking your next international flight?**  
**Contact the Lufthansa customer support team now at ✈️ 📞 +1(877) 308-2191 for immediate assistance with all your travel needs.**

Would you like me to help you find the current special meal menu for a specific Lufthansa flight number?